WOMEN POWER

Issue III



INSIDE

AN INTERVIEW
WITH RAWA MAJDI

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WOMEN
POWER
by Merak

WOMEN POWER

I wish more women realised that helping another woman win, cheering her on, praying for her or sharing a resource with her does not take away from the blessing coming to them. In fact, the more you give the more you receive. Empowering women does not come from selfishness but rather from selflessness.

- Selene Kinder

WOMEN POWER

Shaheera Shaheed

A LETTER TO MEN FROM A WOMAN



"The tears, the years, the pain, the fears, the lies, the ties, the days & goodbyes and then the sunlight shines her daylight"

Her hopelessness makes her feel worthless & priceless - like she has nothing of value to contribute to society, like she's existing instead of actually living. She knows the meaning of life but she couldn't spell or find the definition in her mini dictionary.

There are times, so many times, when she feels alone. When she's convinced herself no one else could possibly understand what is going on in her mind, except for the vocals on her playlists. That's why she hides in her room, under the pillow and covers, with her headphones on. She listens to every lyric, comforted by the fact that someone has put her thoughts into words, even if they're on the other side of the world & she may never meet them in person.

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Music is the only escape from reality that brings her strength - because she's had enough of this world, of the lies and the confusion & the disappointment that follow her around every damn day. She chose to keep on living — even though it was the harder option. Even though she hates her life, hates herself. Even though she only wants a little peace.

But she pushed past her pain and did the bravest thing a person could do. She woke up the next morning. She continued on her path. She worked harder to accomplish her goals & start the next day. You see, those times when she felt the weakest were actually her strongest moments. Because she suffered through them and made it out alive.

Even though her pillowcase is soaked with tears, she's still alive. Even though she has scars on her arms, she's still alive. That makes her a survivor. A strong, fierce, powerful woman & a warrior, she should be proud of that. She should be proud of herself for everything that she's accomplished — even the small things. She is getting out of bed, brushing her teeth and cleaning her house. She is cooking delicious dishes, watering the plants, interacting with many, writing an essay and taking a walk.

This world has tested her, and it will continue to test her, but she has what it takes to endure. She has so much strength hidden but she seldom shows it and that's how Women are. They are the strongest on the planet because almost every day is a battle endured.
Let's respect women & protect them with our whole heart



WOMEN POWER

WOMAN RISING

Jolly Alexander

Woman,
Flower of the races
planted in fertile soil
Stretching toward
the glowing face of the sun
Yearning,
Burning to give birth
and deliver new buds
Opening
in a lonely garden
Fire and intensity,
her song liberates her inner being
Woman,
rising up.



WOMEN POWER

BODY SHAMING

AN ASIAN PERSPECTIVE

by Nuha Faiz

Your first thought could be *'okay, this is another useless article'*, but hey just a pep talk. Hear me out.

Wait, but what really is BODY SHAMING?

For your information, Body-shaming could be described as an act where, people are being told they're too skinny, too fat, too pale, too tall, too short, lanky, spotty, not muscular enough, the list goes on.

It is always very easy to look at a person and say 'you are fat' or 'you are too boney' when you see them. Also, it's like a general thing now to look at someone and say 'you are a shorty!' or make vain comments on how tall they are. It has become like a mandatory topic for most of our Asians specifically to make a comment on someone's size and appearance at gatherings.

If you haven't been to a gathering and an aunt who is plump herself hasn't commented on your size or complexion, count yourself lucky because I haven't been to one single gathering here without at least a handful of aunties commenting on appearances. (I am not exaggerating!)

If you are one of that kind of disparaging people then this is for you.

Have you ever thought for a second of the consequences your one lousy comment could create? I'll tell you what I learned.

According to bullyingstatistics.org a huge 94 percent of women and 84 percent of men are affected by body-shaming. And a government report found 60 percent of adults said they feel 'ashamed' of the way they look. The issue of body-shaming is seen to be one that affects all society, regardless of age, ethnicity, gender, sexuality, disability, body size and shape. Some groups were seen to be 'more vulnerable' to body image concerns, including children and adolescents, according to the government report.

Having body-image issues and being verbally attacked for the way you look can be incredibly damaging to mental health. The government report found body image dissatisfaction 'undermines self-confidence', and in turn contributes to a higher risk of depression. They believe promoting positive body image is 'fundamental to addressing other social and public health problems facing young people'. ttYou find this act of body shaming not just in social media through indirect comments from fake profiles or direct comments but you can now see people making direct comments face-to-face, which I think is extremely hurtful and inappropriate.

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Growing up in an Asian household, I have experienced many instances of body shaming. For a matter of fact, Asians are a lot that does not understand the seriousness of body shaming because for them, as I had already mentioned, this is just a part of their conversation.
What we need to understand is that if discrimination based on skin color is a serious issue then body-shaming demands equal actions for eradication.

Some take body-shaming as a very light issue because they are 'only making a funny remark' and soon this becomes content for there 'meme creation'.

For those who take this as a trivial matter,

That person you body-shamed is someone who is already worried about how they look and NO! they are not happy with it.

That person you body-shamed hates standing on weight-scales because it stresses them out.

That person you body-shamed is eating all the junk and deteriorating their self to gain some weight.

That person you body-shamed is crying every time they look into the mirror.

That person you body-shamed cannot take happy bites of their everyday meal.

That person you body-shamed is already hurt every time they can't wear their favorite clothes.

That person you body-shamed is already feeling worthless.

That person you body-shamed is starving their self to death.

That person you body-shamed is under a lot of physical and mental pain.

That person you body-shamed is now under depression.

If a futile comment of yours in the name of 'being funny/sarcastic' has made someone feel worthless and suicidal, if a meme you created in the content of 'body-shaming' for fame has become the reason why one cannot socialize anymore, you are a delinquent. If this does not haunt you, if this does not make you for a second regret a comment you've contributed to body-shaming then you are the biggest loser you'll ever find in this world full of losers.

”

"Abs are cool. No abs are cool. Big butts are cool. Small butts are cool. Having curves is cool. Not having curves is cool. Being lean is cool. Not being lean is cool. Do you know what's not cool? Telling someone else how they should or shouldn't look."

WOMEN POWER
Inspirers

CHRISTINA HA

The Blind Cook Who Turned Master Chef















If you watched season three of Fox TV's reality cooking show "MasterChef," you remember the big smile that lit up Christine Ha's face every time she impressed the judges with her bold flavors—and especially when her three-course meal of Vietnamese comfort food won Ha the "MasterChef" title.

What casual viewers may not have realized right away is that the amateur cook from Houston, Texas, is blind. In 2003, Ha was diagnosed with neuromyelitis optica (NMO), a rare neurological condition that deteriorates the optic nerves and spinal cord. By 2007, Ha had lost most of her vision. But she had regained her love of reading, with help from the National Library Service for the Blind and Physically Handicapped (NLS).

"[NLS] reignited my love for literature. It was what kept me sane when I went through my first bouts of NMO," says Ha, who also authors the blog theblindcook.com. "When I went through some of my worst health issues in 2003—complete paralysis from my neck down due to spinal inflammation, and complete blindness—all I could do was lie in bed and listen to NLS audiobooks."

NLS, part of the Library of Congress, oversees a free reading program for U.S. residents and citizens living abroad who are blind, have low vision, or cannot hold a book because of a physical disability. NLS patrons may choose from tens of thousands of books and dozens of magazines in audio and braille—including dozens of cookbooks, such as "O, the Oprah Magazine Cookbook" and titles by Julia Child, James Beard, and other famous foodies. NLS also loans the portable playback equipment needed to read its audiobooks. Computer-savvy patrons may access books online through the NLS Braille and Audio Reading Download (BARD) service.

Ha, who is pursuing a master of fine arts degree at the University of Houston, always has a book checked out from NLS. Recently she was reading Gail Caldwell's "Let's Take the Long Way Home" in braille. And her "MasterChef" cookbook, was released in 2013.

WOMEN POWER

Art & Literature



Interview by
Nuskiya Nasar

AN INTERVIEW WITH RAWA MAJDI

Performance Poet & Co-Founder of Kuwait Poets Society



My name is Rawa Majdi. I'm a Palestinian American performance poet and community organizer, as well as a computer teacher and a web developer. I am also the co-founder of Kuwait Poets Society.



You perceive one of your unique hidden talents, something that you're extremely passionate about and really good at from within yourself, work on it in order to improve yourself and share it with somebody else who has got the exact same talent in order to receive feedback. What next? You decide to share your mutual interests and passion with an even bigger crowd following the same process, sharing your aptitude and art seeking feedback in areas of excellence and necessary improvements. That's how you create, lead and mold an excellent team of beginners transforming them into professionals in a respective field. Be it poetry, drama, writing, role-play or even music composing.

Team Merak sat down with one of such amazing women who had the confidence and courage to jointly find and provide a safe environment for a group of people who shared the same passion as hers asking her to throw light on the organization she founded along with her sister and to share a few beneficial information regarding performance-poetry with us.

Kuwait Poets Society started as a late-night idea that I came up with my sister, AJ. Back then, we both felt like we knew a lot of poets in Kuwait, but didn't know a safe space where we could share and discuss poetry. We wanted feedback on our work too. I tweeted a call for poets, then we started a Whatsapp group followed by our very first meeting in January 2016. It has grown and expanded since then - we've had open mics, poetry and music events, and have started publishing a zine - but at our core, we're the same ragtag group of writers. KPS "ended" as KPS in May 2019, but we're rising like a phoenix as a new platform in Autumn.



There's this idea that poetry has no rules, that there is no way that you can define poetry. I think I agree with that. Poetry is in the way that a piece of writing feels. Fiction is very different, in that it can be defined as a story with a beginning, middle, and end. However, I think a piece of fiction can also be described as poetic or prosaic.

KPS had wanted to publish a zine of our work for a long time, and the idea was finally pushed into action by the founding editor, Carina Milena Maceira. She's doing an amazing job with it - every issue has been so special, filled with creative work by authors and artists across the MENASA. (Middle East North Africa South Asia)

I write spoken word the most, or performance poetry. Spoken word can be extremely simple, but poignant. It routinely uses cadence and flow to take the audience on a roller-coaster ride of emotions, as well as wordplay puns, alliteration, and assonance are commonly used.



I began writing poetry in eighth grade, when I took a Creative Writing class with an excellent teacher, Ms. Chantaj. Ms. Chantaj pushed me into expanding on my prosaic descriptions during our sessions and that eventually turned into poetry. I loved writing, and continued to do so throughout high school, but only for myself. I read a lot of poetry too. I started writing performance poetry (the complete opposite of poetry for myself) around 5-6 years later, and then performed for the first time with Word of Mouth Kuwait in 2015.





I have been rejected a plenty of times. Part of being a published poet (or aspiring to be one) is dealing with rejection. It's simply unavoidable. For me, the trick was to realize that it wasn't personal. The poem was just not what the editors were looking for. And that's okay. The poem will find a home eventually.



"If you find yourself standing against the shoreline waiting for waves to take you under, pray for patience and low tide."

My poetry begins as a little snippet of something - a word or a line, sparks something in me and it unravels as I write it down. Once I start writing, I don't follow any specific rules. I'll write the ending before the beginning, the middle before any other part, jump around in the middle of lines to make things match. I love the chaotic-ness and creativity in writing a new piece.

A performance poet will prepare their poetry or spoken word for the stage. Rather than simply reading their poetry in front of an audience, a performance poet embodies it - I like to say that a performance poet must act, and must act specifically as though they are feeling the same feelings they did while writing the poem, even if they don't feel those feelings anymore. That's the only way the audience is able to feel those feelings, too.

Spoken word can be extremely simple, but poignant.

At the end, it all comes down to how much time one allocates to reading. The more, the better of a poet or an author one becomes. Rawa Majdi's wonderful works of poetry are published online at *Jaffat El Aqlam* and *Banat Collective*. You can find more about Rawa and her upcoming events on her website:

https://www.rawamajdi.com/

What goes up, must come down.

MERAK

ONLINE ENGLISH LITERARY MAGAZINE

#SaveEarth

81 WOMAN

Sudeep Soparkar



WOMEN POWER

Remember, Woman, you were born
Life giver, miracle creator, magic maker
You were born with the heart of a thousand mothers,
Open and fearless and sweet
You were born with the fire of Queens and conquerors,
Warrioress blood you bleed
You were born with the wisdom of sages,
No wound you cannot heal
You were born the teller of your own tale,
Before none should you kneel
You were born with an immeasurable soul
Reaching out past infinity
You were born to desire with passion, abandon,
And to name your own destiny
Remember, Woman, remember
You are more than you can see.
Remember, Woman, remember
You are loved endlessly
Remember, Woman, your power, and grace,
The depth of your deep sea heart
Never forget you are a Woman, divine,
As you have been from the start.

To Be A Woman

Amera Elwesef





To be a brilliant woman in the third world
You have to not be!
If you want the basic tips
Kindly listen to me,
put your mind in a box
be ready at every moment to say “I agree”
Announce your eternal silence
Stop whirring like a curious bee
Act like a bird in a cage
Never dream of being free,
it is an honour getting down on your knees
And about your gifts
Quite enough to know all the electrical appliances
—
Do you know about dishes and how to make tea?
Nobody cares about gifts,
it is not necessary, they are too wee
Don’t try to laugh aloud
It is perfect to be a tree
And understand that argument is dangerous
That the best a woman can do is flee!

To be a brilliant woman in the third world
You have to obey!
Your family, your husband, your neighbour, your president
Whoever HE may be!
You have to stitch and cherish and nourish and never expect the chance to flourish!
You have to maintain silence
Never crying whee!
When you succeed or if you finally see!
In the third world,
all you have to be is not be
Nobody cares about your gifts
It’s enough to have a degree,
in lessons of obedience
or cooking purée!

WHY FEMINISM?

Feminism, a word that makes some sneer in disgust of the "man-hating" extremists, while others proudly debate and celebrate the rights of women. But, what does feminism actually mean? Today, we will examine the many forms of the movement on each of the seven continents in order to fully grasp the entire reality of the subject.

American feminists have played a very prominent role in modern politics & activism in their country, and it's easy to see why. After staging the largest single-day protest in the nation's history, the Women's March Network (WME) has continued to be a large proponent of women's rights and equality movement. The WME recently published its 2019 "Women's Agenda", a list of their policy priorities from January 2019 through January 2021. The list includes causes such as "Ending Violence against Women & Femmes", "Reproductive Rights & Justice", and "LGBTQIA+ Rights".

Paraguayan women have taken great strides towards equality, although there is still much room for improvement. Within the past two years, they have made femicide and obstetric violence illegal, and introduced four separate initiatives to empower women in government & eliminate sex-based discrimination. But, women still are only paid 71 cents for every dollar a man makes, and are much less economically active.

Despite harsh treatment by the socialist government, the feminist movement has flourished in China. One of the most notable events in recent Chinese feminist history is the arrest of the "Feminist Five", a group of five female activists jailed (and subsequently released)

An Examination of International Feminism

planning to distribute stickers against sexual assault on subways & buses. Since then, the government has taken targeted and direct action to take down the feminist movement, calling it the work of "Western hostile forces" in an attempt to villainise the campaign. Nevertheless, the women's rights movement has grown in thousands and have three main demands, "to make visible the work that women do and to redistribute it; equal opportunity of employment for women and men, and the right for every woman to have or not to have children".

In Rwanda, feminists have drastically changed the face of the nation. Boasting the largest share of females in their national government in the world, their legislature has taken revolutionary new steps to prevent sexual violence, including banning marital rape, recognising that rape is a form of perpetrating genocide, and creating legal exemptions to laws in order to allow for victims of rape to gain access to an abortion. The country has been declared the best nation in Africa to be a woman by the Global Competitiveness Report and has the fifth smallest pay gap in the world.

French feminism is certainly one of the most (if not the most) interesting and unique movements in this article. In their national language, every profession (i.e "un prof" translating to "a teacher") has a gender, and grammatically when one man is in a group of one hundred women the entire group would be referred to with a masculine plural pronoun, gender is one of the most central parts of the French everyday life. While this may not seem to be a critical issue, proponents of a movement to make adjectives and professions agender fluid (i.e "un/e prof, with the "e" showing feminine gender identity) claim that "Telling children the masculine form wins over the feminine cannot contribute to shaping egalitarian minds". The leading authority on the French language, the Academie Française, recently backed down to the demands of the activists.

Australia has been labeled one of Global Citizen's "Top 10 Feminist Countries", and it's easy to see why. In a country where around three in four women work but still only make 86% of what their male counterparts do, the need for a women's rights movement is clear. Currently, the Equality Rights Alliance, a leading organisation in the movement for gender equality in the nation, advocates for "Gender equality, women's leadership and government policy responses that support women's diversity".

Feminist glaciology is not well known, but perhaps it should be. In Antarctica, a controversial 2016 study concluded that having more female scientists studying glacier melt could help combat global warming. This is because "women have a more nuanced look at how melting ice affects societies close to glaciers". The female perspective, it is suggested, is different from that of the male because women experience post-glacier melt disaster events uniquely.

Margo Cohen

WOMEN POWER

Fashion & Style

I'm Zainab! I'm a 21 year old fashion stylist and assistant manager of creatives and events of Optimus Ltd. I am a huge fashion enthusiast and workaholic. Here's a flashback on how I became a fashion stylist.

modest fashion

An Interview with Zainab Irfan

One of the most sensitive topic in today's world among Muslim population is fashion, after which the term "Modest Fashion" was invented and introduced by some of the most thoughtful and creative Muslim stylists, men and women. Muslim women were believed to have limited opportunities and a boundary they weren't supposed to cross in the field of fashion & styling due to the assumption of it being immodest and overly-revealing. However, the widely-believed misconception is now being transformed into something entirely different. Those same Muslim women have stepped up their games in this specific field, proving the world that sky is the only limit to women as well in terms of being ambitious and achieving their dreams regardless of whether or not a specific field is being accepted by the majority to be suitable for women. "What does culture have to do with what's really right or wrong anyway" mindset and stable mentality of the millennials today are simply making the fashion industry even more competitive, intriguing and extremely challenging with a variety of unique clothes and brands. Most importantly with very differently creative-minded individuals working on the same target - "Modest Style".

Team Merak was more than happy to have a chit-chat with one of such amazing modest-fashion bloggers who is not only extremely motivated and goal-oriented professionally, but also an easy-going foodie filled with positive and positive vibes only personally.

WOMEN POWER



After graduating school I was still trying to figure out what career I wanted to pursue in my life, as I'm not a person who likes to force myself to do what I don't like, I took my time and did different courses to figure out what exactly I wanted to do. I started off with doing my business management foundation after which I started working for Jezza fashion where I was managing social media. After some time I was given an opportunity to direct and style a shoot. I then realized that it is this what I wanted to do, I wanted to style and direct creative shoots because it felt so therapeutic which made me fall in love with it right at the first time.

Fashion plays a huge role in my life. It is something which helps me to portray my truest self well, it's a way of self-expression. I like to pair out outfits to match my sense of style which is usually quite edgy, street and modest fashion.

Modest and street fashion is a style that I hugely follow on my page. Everyone has their own ways of portraying their style, for me it's the baggy clothes styled for perfection.

The biggest Wohoo Moment is when my work was featured on Ceylon today's cover page (Sri Lanka's newspaper). That really is an and forever will remain as an unforgettable moment. I knew it then that I've made it, I've finally made my mark.

I don't have a specific brand/ designer that I always go to get my clothes from. I'm someone who already has a style inspiration in my head and goes searching everywhere to get it and if I don't, I stitch it. When I'm thinking of a design that I want to wear, I always make sure it suits my true self. I'm really inspired by music videos and Pinterest! Yes, I don't have a specific person in mind because everything around me, every little thing inspires me.

The cyber world is not always as friendly as it seems to be. As bloggers you have to face certain issues that are pretty hideous like fake profiles, hate comments, judgements, other people's opinions, negative opinion about us etcetera.



when you get into the whole blogger field, these come with it, It's a whole unavoidable package along with other amazing benefits. We just have to deal with it in a manner where there's no bad blood, explain and tell them nicely that this is not right. I don't involve myself in drama because I really don't need it and want my page to be as positive and motivating as possible.

People have their judgments no matter what, but what I do is for me, it's something I love, enjoy and it is very therapeutic for me. I don't allow people's judgements to stop me from what I'm doing, If I allow peoples' opinions mold my future, it's not going to be a happy one for me. My close individuals' opinions is all what matters.

As a woman, we can do greats things out there. Watching other courageous women getting out there, chasing their dreams and changing the world has make me so happy and that's why I chose to do the same being fearless.

WOMEN POWER

Not being recognized for my work is one of the biggest setbacks I faced during my career, I just let it take over my thoughts for once and it started reducing my motivation. I realized I shouldn't allow it to affect my career and instead, I worked hard 24/7. I was putting out a wide variety of content and little by little, people started recognizing me. You have to be confident in what you do. You can go through a lot of setbacks in life, career and relationships, but it's how you rise from all the obstacles that matter the most. At the end, it'll feel good. When you look back to see how far you've come, mark my words.



My biggest mentor is my mom. She's always good in styling us and I'm pretty sure I got it from her. What I learnt from her is how to do you, if you have a specific idea in mind just do it, experience the outcome and learn from it. Eventually you will find your way to having an own signature style.

I had no idea what I was I doing when I started doing styling, I researched, learnt and started experimenting my own ways throughout my career. We have to put in the hard work and motivation to our job and then, the outcome will turn out be great.
If you're a new fashion stylist, start with identifying your style as it is very important to know yourself first and start doing in house content and come up with different concepts and put it out to the world to see. Have self-confidence and motivation. It will help you to do amazing and unbelievable things in life.

"I've seen many individuals hesitate to follow the careers they want to because of this, coming from a so called "Conservative" background. I simply advise them to just do it! It's your life.

After all, it's about how much dedicated and stubborn you are towards chasing your dreams and achieving every single one of them. Team Merak wishes Zainab success with all her future endeavours.

Follow her on Instagram *@zainabbbbi* to keep up with her latest styles.








We need women at all levels, including the top, to change the dynamic, reshape the conversation, to make sure women's voices are heard and heeded, not overlooked and ignored.

- Sheryl Sandberg

Away from you, the world is just a vast jail
I wander about, I just fail
You taught me how to love and give
You taught me how to be kind and forgive
You have my heart, yet you deserve more
My life with you I always hope for
Although these years I can't get
It is still hard to forget
I always need your love and care
As all the happy moments we always share
All these happy memories, remind me
Without which I will never be
Away from you, away from happiness
Among different people but live in loneliness
Your love will never be past
Your love will ever last
When the world becomes so cruel
Whenever I find your embrace so warm and cool
When my love, all people ask for
Your love is still much more
When I am ungrateful and unfair
You are the one to show love and care
If you deserve something, you deserve the skies
Away from you my heart weeps and cries
Between your arms tenderness and affection settle
Love flows from your heart when it is so little
Whenever I do wrong and you have to hate
I find you , all my faults, you appreciate
You always look at me in a loving way
No words can describe my love or say
You are the first intimate friend of mine
You are the first kindness and loving sign
For me you always supply and pray
In a time when tenderness begins to decay
Away from you, it is hard to survive
Away from you, I always suffer and strive
No words on earth can explain
How much love from you I gain
You always care for me first
And irrigate my heart in time of thirst
Beside you happiness I first met
And happy moments I always get
That's why it is hard to forget



YOU HERE

Walid Abdallah

SMASH THE
PATRIARCHY



WOMEN POWER

She laughs
When I do
All members of her family laugh
When she does
A thousand smiles live in one

Her parents arranged to keep me fed
Sacrificing their hunger
They are grieved by the sorrow
for not being able to keep their
piece of heart at home
They keep faith on me
Like the Earth hanging in space

She has seen what others did not
Always listening to what others never heard
from my lips

She tends to me like a baby
Worships like God
My eyes lose as I look straight into hers

I go out for the day
Take bitter sweet fruits at the street side
I return with a pallid face
Forget them all by the glass of water she serves

Woman cannot be made happy,
by money or property, love or lust
I express my inability by touching her hand
With a loving voice in days of hardship
My heart fills up
By the tunes flowing from her
And her brimming eyes

GUNA MORAN

Better Half

ZAHRA JAVED

WOMEN



Ever since the beginning of time, the world has seen both the rise and fall of women if not in all, but the majority of sectors. The idea that revolves around what women are obliged to do and not do has been consistently undergoing diverse changes as society forms and perishes. With no certain end to this scenario of women being voiceless, they have always been the victim mainly due to the link to some cultural beliefs or simply narcissistic state of mind.

Among the two genders developed by God, man has always been one step ahead and stronger than the latter. We as women have no issues regarding the fact, but as for men, they often use this as a weapon to groom their superiority and crush the sole existence of women.

Women have been subjected to all sorts of abuse, harassment and inequality all across the world without any clear solution. With that being said, we need to understand that to grant women "power" that they are worthy of, it is not necessary for someone else, "a man" to stop leading the path and assume he's been robbed of his position, authority or power. He simply needs to give women their share, without them having to ask for it.

It is as simple as drawing a line to picture that the need to empower women, can totally be curbed, if they are given the power, voice, status and love they deserve in the first place. You can work tirelessly to promote, exhibit and spread awareness on empowerment like covering up a burnt cake with good frosting. It will definitely let yotu score a 10 for its appearance but a minus for its actual flavour. What needs to be fixed and improved is the original theory of the clear distinction between men and women.

When women are associated with the word "power" for as small as a textual presentation, men arouse in offense, which shouldn't be the case because we aren't seeking the same share of power that they are entitled, rather our share of power which is in existence but is often neglected and kept behind the curtains. This also results due to the insecurities permanently plastered in their lives which make them waver from the inside if they were to witness a woman doing the same quality of work as them.

WOMEN POWER

Nobody wants to steal your trophy, just open doors for us to win our own. Effectively, that shouldn't take a toll on you because it's said, "if you teach a girl, you teach a generation". Education about the rights and privileges is very crucial in today's time where you are sure to be crushed down if you endure inequality and bad conduct in silence.

The formation of the ecosystem was equipped and initialised based on the principle of pairs applying to all species with individual personalities, traits, minds and thought processes.
By using violence against women, immuring them away from world and how it works, letting them breath within confined walls, ruling over them, using them for your selfish cause or treating them as puppets, will result in total core disruption of the whole of ecosystem which in turn effects the economic, social and international reputation and quality of life of a country.

Women weren't simply born so that they can be subjected to gossip, molestation and inequality from the opposite gender. It's their right to live freely and build their lives based on aspirations. The voice, courage and strength that women require to speak for themselves will only arise with co-operation first from women and second, men. As much as improvement is expected, there has been tremendous change in how things work for women all around the world.
Doctors, engineers, architects and entrepreneurs the world has and will see it all.

Women have a different caliber instilled in them and so do men. The cliché myth associated with this fact is to practice power, women need to perform close or almost the same actions as men, which is wrong in the light of sheer reality. As a result women overlook their strengths and fade their individuality in the name of empowerment.

To have power, is to have all of you - original, not a duplicate of another gender. Once women understand this, an impactful output is then certain.
Show us light once, we'll enlighten your life in tenfold. Hear our opinions; maybe you'll hit that million. Alongside or behind you, give us our cloud, we'll make it rain in favour of you. You clip your stand for us; we'll plant gardens for you.
She doesn't want to be dominant but she wants you to be liberal. She's ready to serve you, nourish and care for you, all she wants in return is her shadow stretching in longitude. We want to exist alongside you, let's make this world a better place, for a part of me and you.

Arriving at the end with a profound reminder by an exemplary individual: The Prophet Muhammed (peace and blessings be upon him) said: "I urge you to treat women well." Narrated by al-Bukhaari, 331; Muslim, 1468.

A girl in love with herself

Maya Siegel



She is sunlight
but she is also moonlight
Radiation and reflection
Nothing has changed but the way she has chosen to shine

She is an intricate spider web
But she is also the fly caught in it
Captivating and imprisoned
Nothing has changed except what she has decided to hold

She is a rainbow
but she is also the cloud that hides it
Revealing and concealing
Nothing has changed except her ability to be seen

She is an American Shorthair
But she is also a lioness
Intimate and untouchable
Nothing has changed but the power she presents

She is in love with herself
But she also strives for growth
Knowing her limits
But challenging them time and time again

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